



FERTILITY FACT SHEET

San Ramon / Orinda / San Jose / Foster City

Counseling Resources for Coping with Infertility

When diagnosed with infertility, many couples may no longer feel in control of their bodies or their life plan. Infertility can be a major crisis because the important life goal of parenthood is threatened. Most couples are accustomed to planning their lives. With infertility, this may not be the case. Infertility treatments can be physically, emotionally and financially stressful. The fertility journey and fertility treatment cycles can be very stressful on a couple's relationship and on an individual's mental well-being. Not only do some persons with infertility experience heightened stress levels, but some also suffer from clinical depression or depressive symptoms. In such situations, it may be beneficial to seek consultation with a mental health professional or coach who can help you work through some of the issues concerning you. Also, support groups and books on infertility can help validate your feelings and help you cope. RESOLVE is a national support organization for couples with infertility. Resolve has an active presence in the Bay Area (415)788-3002, website – resolve.com. Below is a list of some of the qualified resources in the Bay Area, this is not a comprehensive list and listing of names does not imply the recommendation of any particular counselor.

Macy Schoenthaler, MFT

RSC Third Party In-House Counselor
Appointments: Orinda or San Ramon
100 Park Pl., Suite 200
San Ramon, CA 94583
(925) 973-5018

Madeline Feingold, Ph.D.

5565 College Ave, Suite 240-C
Oakland, CA 94618
(510)540-8715
<http://www.madelinefeingoldphd.com>

Lynn Brokenshire, MFT

20688 Fourth Street
Saratoga, CA 95070
(408) 998-0568

Penny Donnelly, RN, MFT

935 Middlefield Rd
Palo Alto, Ca
(650) 504-4290

Mary Rodecker, PhD

Palo Alto & San Francisco
555 Middlefield Rd
Palo Alto, CA 94301
(650) 321-9881

Sheryl Hoye, LCSW

925 Ygnacio Valley Blvd
Ste 102 B
Walnut Creek, CA 94596
(925) 330-0645

Bonnie Karmiol

913 San Ramon Valley Blvd Ste 280
Danville, CA 94526
4093 24th St
San Francisco, CA 94114
(925)830-1833

Ellie Schwartzman, Ph.D.

4283 Piedmont Ave #E7
Oakland, CA 94611
(510) 869-1339

Nancy Boughey, LCSW

2220 Fillmore Street
San Francisco, CA 94115
610 D Street
San Rafael, CA 94901
(415) 457-3959

Tice Elkins, M.F.T., L.C.S.W.

729 Sunrise Ave
Suite 101
Roseville, CA 95661
(916) 782-3388

Qin Fan, Psy.D.

Clinical Psychologist
PSY25558-***speaks Mandarin**
870 Market Street, Ste. 659-663
San Francisco, CA 94102
(415) 545-8606

Amy Blanchard, Ph.D.

10062 Pasadena Ave
Cupertino, CA 95014
(650) 823-1157

Jennifer McCollum, Ph.D.

Clinical Psychologist
37 Avenida de Orinda
Orinda, CA 94563
(925) 386-6037
www.bayareawomenswellness.com

Natasha Edelhaus, LMFT

Services Tri Valley California Area
Email:
natashaedelhauslmft@gmail.com
Tel: (781) 864-0539
Skype: Natasha.Edelhaus.Lmft

Annie Wright, MA, MFTi

2820 Adeline St.
Berkeley, CA 94703
(510) 859-8656
www.anniewrightpsychotherapy.com